



YAVAPAI REGIONAL MEDICAL CENTER KIDS' FUN RIDE

SUNDAY, APRIL 28, 2019

Course Information

9:00a 4 Proof

The 4 Proof is approximately 4 miles, and includes the Granite Creek and Miller Creek multi-use trails. An aid station is provided at the turn-around located at the rodeo grounds. Recommended for mini-shredders and experienced riders, the course is not closed to other trail users. Average rider finishes in 45 minutes.

9:05a 2 Proof

The 2 Proof is approximately 2.5 miles, and includes the Granite Creek multi-use trail and an optional loop around Granite Creek Park. An aid station is provided at the turn-around located near the pump track. Recommended for mini-shredders and experienced riders, the course is not closed to other trail users. Average rider finishes in 25 minutes.

9:10a 1/2 Proof

The 1/2 Proof is just under half a mile. Parents are welcome to walk/run a lap or two with their child. The course stays on Whiskey Row and is perfect for balance bikes, trikes and training wheels. Average rider finishes one lap in 5 minutes.

- All participants must complete the course by 10:15a.
- 2 Proof and 4 Proof courses are marked with pin flags and volunteers.
- Helmets are required of all participants and parents.



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